

# 2011 COLORADO TRACK AND FIELD



**Colorado's  
NCAA Outdoor  
Track & Field Champions**

Jenny Barringer  
3,000 Meter Steeplechase, 2006  
3,000 Meter Steeplechase, 2008  
3,000 Meter Steeplechase, 2009

Warren Bateman  
Pole Vault, 1948

David Bolen  
440-Yard Dash, 1947

Gil Cruter  
High Jump, 1937, 1938

Alan Culpepper  
5,000 Meter Run, 1996

Kara Grgas-Wheeler  
3,000 Meter Run, 2000  
5,000 Meter Run, 2000

Adam Goucher  
5,000 Meter Run, 1998

Don Meyers  
Long Jump, 1961  
Pole Vault, 1962

Chuck Rogers  
Pole Vault, 1966

Sara (Gorton) Slattery  
10,000 Meter Run, 2005

Ted Woods  
440-Yard Dash, 1960

**MAY 26-28  
NCAA WEST PRELIMINARY CHAMPIONSHIP  
HAYWARD FIELD  
EUGENE, ORE.**

**Let's Review...**The Buffaloes will head to the NCAA West Preliminary May 26-28 in Eugene, Ore. CU has qualified eight women and nine men to compete at the championship.

**WHO'S COMPETING**

Athlete	Event	Ranking	Season	PR
Emma Coburn	Steeplechase	1st	9:40.51	9:40.51
Katie Cumming	5,000	15th	16:10.85	16:10.85
Staci Foster	1500	48th	4:28.48	4:28.42
Shalaya Kipp	Steeplechase	3rd	10:03.37	9:59.93
Camille Logan	5,000	17th	16:15.19	16:15.19
	10,000	27th	34:27.12	34:27.12
Laura Thweatt	5,000	8th	15:57.24	15:57.24
	10,000	16th	33:49.00	33:49.00
Liz Tremblay	800	18th	2:06.59	2:06.59
Joi Windham	400 Hurdles	46th	1:00.34	1:00.34
Joe Bosshard	5,000	6th	13:34.57	13:34.57
	10,000	9th	28:52.85	28:52.85
Dane Chobanian	Discus	36th	175-02	182-03
Steve Kasica	800	44th	1:49.92	1:49.92
Richard Medina	5,000	17th	13:44.34	13:44.34
Joe Morris	100	18th	10.40	10.35
	200	24th	20.97	20.90
Brian Owens	Javelin	23rd	221-00	221-00
Matt Tebo	5,000	14th	13:44.03	13:44.03
Aric Van Halen	Steeplechase	17th	8:52.53	8:52.53
Andy Wacker	5,000	12th	13:41.49	13:41.49
	10,000	15th	29:10.89	21:10.89

**Two-Time Big 12 Champ...**Junior Emma Coburn successfully defended her 2010 Big 12 3,000-meter steeplechase title on May 15 after clocking the second fastest meet time of 9:57.39. She won the 2010 crown in meet record time (9:56.53). A Buff has won the women's Big 12 steeplechase four of the last five seasons.

**Who's the Boss?...**That would be Joe Bosshard after winning both the 5,000 and 10,000-meter runs at the Big 12 Outdoor Championship, both in meet record time. Bosshard started out by winning the 10k on Friday night in 28:52.85, which was 30.82 seconds faster than the previous meet record set by Matthew Chesang (Kansas State) in 2005. It was also 4.05 seconds faster than the facility record of 28:56.9, which had been held by Simon Killi since 1978.

On May 15 he won the 5k title in 13:50.62, breaking former Buff great Brent Vaughn's record of 13:53.01 from 2005.

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For more information or to set up interviews with members of the CU Track & Field Team, please contact Linda Poncin Sprouse, CU Assistant Sports Information Director at (303) 492-5626 or linda.poncin@colorado.edu.

**Big 12 5k History...**The Buffalo men have had a strong tradition of winning the Big 12 5k title, taking 11 of the 15 since the inception of the conference. Joe Bosshard won the 11th and final title for CU on May 15.

**Just The Two of Us...**Joe Bosshard became just the second Buff, the first male, to ever win the Big 12 5k and 10k titles in the same year. The only other Buff to perform this double successfully was Sara (Gorton) Slattery in 2005.

**That's All Folks...**The 15th Annual Big 12 Outdoor Track and Field Championship was the final Big 12 Championship for CU. The Buffs will join the Pac-12 Conference on July 1, 2011.

**What CU Leaves Behind...**As the Buffs exit the Big 12 Conference, they leave behind a distance legacy. CU won 12 men's cross country titles, 11 women's cross country titles and one men's outdoor track & field title. The Buffs have also accounted for several meet records and this is what they leave behind:

*Men's Championship Meet Records:*

1,500-Meters: Stephen Pifer - 3:40.70 (2006)  
5,000-Meters: Joe Bosshard - 13:50.62 (2011)  
10,000: Joe Bosshard - 28:52.85 (2011)  
Decathlon 400: Jordan Hudgens - 47.65 (1997)  
Decathlon 1,500: Adam Salzmann - 4:22.82 (2011)

*Women's Championship Meet Records:*

1,500-Meters: Kara Grgas-Wheeler - 4:12.15 (2000)  
Steeplechase: Emma Coburn - 9:56.53 (2010)

**Little Known Fact...**Head Coach Mark Wetmore won 12 men's cross country, 11 women's cross county and one outdoor men's track title during the Big 12 era to lead all Big 12 coaches. Nebraska's Gary Pepin has won 23 total team titles to rank second. Both CU and Nebraska will leave the Big 12 Conference on July 1, 2011.

**The Thweatt-est Thing...**Senior Laura Thweatt had a great weekend at the Big 12 Outdoor Championship. She started out by placing third in the 10,000-meter run after running a personal best 33:40.00. Thweatt followed that up with a fourth-place finish in the 5k, clocking a time of 16:16.29. She ended the meet with 11 points to be CU's female high points scorer.

**Middle Distance...**Sophomore Liz Tremblay is quickly making a name for herself as an 800-meter runner at CU. She ran a personal record of 2:06.59 at the Oregon Twilight on May 6 to become the third fastest Buff in the 800, which is also the seventh fastest in CU history.

**Joining Elite Company...**Emma Coburn became the 11th fastest U.S. performer in the steeplechase after she clocked a time of 9:40.51 to win the Jordan Payton Cardinal Invitational on May 1. Coburn's time was also an Olympic 'A' standard and was the 13th best ever run by a Buffalo. She was named the CU, Big 12 and USATF Athlete of the Week for the performance.

**The Bowerman Watch List...**Emma Coburn has been named to The Bowerman Watch List after winning her second Big 12 steeplechase title at the conference meet on May 15. The list of 10 is decided on by a committee. There are another 29 people on the receiving mention list.

**USTFCCCA Rankings...**The CU women's team has been ranked in the USTFCCCA Poll all season. The Buffs are currently 24th.

**Hammer Time...**Sophomore Emily Hunsucker became the second-best CU women's hammer thrower on April 23 when she recorded a throw of 176-08 at the Jack Christiansen Invitational. It was the furthest throw by a Buffalo since 1998.

Not to be outdone, a pair of CU men moved into the top 10 this season. Freshman Alex Kizirian became the eighth-best performer all-time with a toss of 175-09 at the Front Range Classic on May 1. Senior Trey Mullen is ninth after his throw of 172-04, which he recorded at the CU Invitational on April 8.

**Walter Byer's Scholarship...**Graduate student Jessica Pixler was named the recipient of the NCAA Walter Byer's Postgraduate Scholarship. The Byers program recognizes one male and one female student-athlete who have a record of outstanding academic achievement and have shown the potential for success in graduate study. It is named in honor of the former NCAA executive director who was instrumental in emphasizing academic excellence among student-athletes.

# 2011 CU T&F Honor Roll



## USATF Athlete of the Week

Emma Coburn (May 4)

## Big 12 Athlete of the Week (Outdoor)

Emma Coburn (May 3)

## CU Athlete of the Week (Outdoor)

Joe Bosshard (May 3, May 18)

Joe Morris (April 26)

Emma Coburn (April 19, May 3, May 18)

Matt Tebo (April 19)

Camille Logan (April 13)

Brian Owens (April 13)

Alex Von Hagen (April 5)

Jessica Pixler (March 23, 31)

## CU Athlete of the Week (Indoor)

Trey Mullen (Feb. 22)

Katie Dreher (Feb. 22)

Emma Coburn (Feb. 15, March 1)

Elizabeth Tremblay (Jan. 26)

Joe Morris (Jan. 26, Feb. 1)

## Walter Byer's Postgraduate Scholarship

Jessica Pixler

## Speed-Strength & Conditioning

### Female Lifter of the Year

Emily Hunsucker (T&F)

## SAAC Distinguished Service Award

Alex Von Hagen

## Scholar-Athlete Award

Nikki Look

Emily Hanenburg

## Dr. Gerald Lage Award

Emily Hanenburg

## 2010 4.0's

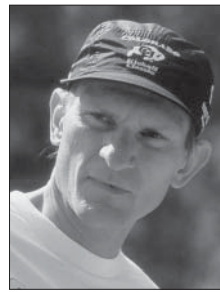
Emily Hanenburg, Nikki Look, Diana George,

Steward Shoemaker, Rachel Viger,

Holly Odneal & Jessica Pixler

## Buffalo Leadership and Initiative Award

Andy Wacker & Lindsay Hubbard



**The Man...The Myth..The Reality...**is that Mark Wetmore is a proven success in collegiate track & field coaching when it comes to his distance runners. Wetmore has guided nine athletes to 16 NCAA titles, including Olympians Adam Goucher (cross 1998, indoor 3k in 1997 and 1998, outdoor 5k in 1998) and Alan Culpepper (outdoor in 1996), Kara Grgas-Wheeler (2000 outdoor 3k, 5k and NCAA cross), Jodie Hughes (indoor 5k 2001), Sara (Gorton) Slattery (indoor 5k 2005, outdoor 10k 2005), Renee

Metivier (indoor 3k 2005) and Jorge Torres in men's cross country in 2002, followed by Dathan Ritzenhein in 2003. The most recent was Jenny Barringer, who won the 3,000-meter steeplechase and became CU's first true freshman to win an individual national championship. She also won as a junior and senior.

## Wetmore Coached Olympians

Name	Year	Event(s)
Jenny Barringer	2008	Steeplechase
Alan Culpepper	2000, 04	10,000/marathon
Adam Goucher	2000	5,000
Kara Goucher	2008	5,000/10,000
Billy Nelson	2008	Steeplechase
Dathan Ritzenhein	2004, 08	10,000/marathon
Jorge Torres	2008	10,000
Shayne Wille	2000, 04	1,500/5,000



# CU BIG 12 INDIVIDUAL CHAMPIONS

## COLORADO BIG 12 OUTDOOR HISTORY

Men		Women	
1997	8th	1997	4th
1998	6th	1998	7th
1999	5th	1999	6th
2000	10th	2000	6th
2001	8th	2001	10th
2002	8th	2002	6th
2003	7th	2003	8th
2004	9th	2004	9th
2005	7th	2005	9th
2006	4th	2006	10th
2007	4th	2007	10th
2008	1st	2008	12th
2009	11th	2009	12th
2010	6th	2010	11th
2011	8th	2011	10th

### Men

#### 1,500-Meter Run

1998	Adam Goucher
2002	Jorge Torres
2004	Jared Scott
2006	Stephen Pifer

#### 5,000-Meter Run

1997	Adam Goucher
1998	Adam Goucher
1999	Ron Roybal
2002	Dathan Ritzenhein
2003	Jorge Torres
2004	Dathan Ritzenhein
2005	Brent Vaughn
2006	Bret Schoolmeester
2007	Brent Vaughn
2008	Brent Vaughn
2011	Joe Bosshard

#### 10,000-Meter Run

2006	Brent Vaughn
2008	Kenyon Neuman
2011	Joe Bosshard

#### 3,000-Meter Steeplechase

2001	Steve Slattery
2002	Steve Slattery
2006	Pete Janson
2007	Billy Nelson
2008	Billy Nelson

#### Discus

1998	Jeff Singleton
2008	James Begley

#### Javelin

2009	Brandin Williams
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### Women

#### 1,500-Meter Run

1996	Kelly Smith
1997	Shayne Wille
2000	Kara Grgas-Wheeler

#### 3,000-Meter Run

1997	Shayne Wille
1998	Jennifer Smith

#### 5,000-Meter Run

2002	Sara (Gorton) Slattery
2003	Sara (Gorton) Slattery
2005	Sara (Gorton) Slattery

#### 10,000-Meter Run

1998	Jen Gruia
2000	Tera Moody
2005	Sara (Gorton) Slattery

#### 100-Meter Hurdles

2002	Hannah Cooper
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#### 3,000-Meter Steeplechase

2002	Lesley Higgins
2007	Jenny Barringer
2009	Jenny Barringer
2010	Emma Coburn
2011	Emma Coburn

#### Heptathlon

1997	Heather Sterlin
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#### Javelin

2007	Hannah Warfield-Ruffatto
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#### High Jump

2005	Anna Magle
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## 2011 ACADEMIC ALL-BIG 12 TEAM

### First Team Members (Men)

Name	Class	Major
Matthew Biegner	Jr.	Applied Math
Kevin Fasing	Sr.	Integrative Physiology
Steve Kasica	Jr.	Journalism
Matthew McCathran	Sr.	Environmental Studies
Ryan Savercool	So.	Integrative Physiology

### First Team Members (Women)

Courtney Bouchet	So.	MCD Biology
Megan Burrell	Sr.	Integrative Physiology
Emma Coburn	Jr.	Marketing
Katie Cumming	Jr.	Philosophy
Emily Hanenburg*	Sr.	Studio Art/Spanish
Nikki Look*	So.	Applied Mathematics
Holly Odneal	So.	Finance
Brooke Regan	So.	Ecology & Evolutionary Biology
Laura Thweatt	Sr.	Sociology

Elizabeth Tremblay	So.	Integrative Physiology
Laura Tremblay	So.	Chemical & Biological Engineering
Max Van Dyke	Sr.	Business Management
Kirsten Wicks	Sr.	Marketing
Joi Windham	Sr.	Management

\*indicates nominated with a 4.0 GPA

### Second Team Members (Men)

Name	Class	Major
Joe Bosshard	So.	Finance
Richard Medina	Sr.	Spanish
Geo Tam	So.	Studio Art
Matt Tebo	Sr.	Studio Art
Jake Timmons	Jr.	Mechanical
Andy Wacker	Jr.	Evolutionary

### Second Team Members (Women)

Katie Dreher	Jr.	Spanish
Emily Hunsucker	So.	Business
Camille Logan	So.	Integrative Physiology

# 2011 MEN'S OUTDOOR PERFORMANCE LIST

does not reflect altitude conversions

## SEASON RESULTS

M 18-19	POTTS INVITATIONAL (Boulder).....	NTS
M 25-26	at Stanford Invitational (Stanford, Calif.).....	NTS
M 26	at CSU Pueblo Open (Pueblo, Colo.).....	NTS
A 2	at Jim Click Shootout (Tucson, Ariz.).....	NTS
A 9	COLORADO INVITATIONAL (Boulder).....	NTS
A 15-16	at Mt. SAC Relays (Walnut, Calif.).....	NTS
A 16	at Beach Invitational (Norwalk, Calif.).....	NTS
A 16	at CSU Pueblo Invitational (Pueblo, Colo.).....	NTS
A 21-22	at Glenn Morris Combined Events (Fort Collins, Colo.).....	NTS
A 23	at Jack Christiansen Invitational (Fort Collins, Colo.).....	NTS
A 23	at LSU Alumni Gold (Baton Rouge, La.).....	NTS
M 1	at Front Range Classic (Fort Collins, Colo.).....	5/5
M 1	at Cardinal Invitational (Palo Alto, Calif.).....	NTS
M 13-15	at Big 12 Championship (Norman, Okla.).....	8th/12
M 26-28	at NCAA West Preliminaries (Eugene, Ore.).....	
J 8-11	at NCAA Championships (Des Moines, Iowa).....	
J 22-26	at USATF Championships (Eugene, Ore.).....	

## 3,000 M Steeplechase (8:26.45 cu)

8:52.53	Aric Van Halen.....	Cardinal Invite (5/1)
8:57.16	Aric Van Halen.....	Big 12 Outdoor (5/13-15)
9:02.59	Aric Van Halen.....	Mt. SAC Relays (4/14)
9:23.87	Jonny Stevens.....	Big 12 Outdoor (5/13-15)
9:37.62	Jonny Stevens.....	Beach Invite (4/16)
9:49.85	Aric Van Halen.....	CU Invite (4/9)
	Jonny Stevens.....	Potts Invite (3/19)

## 4x100 Meter Relay (39.47 cu)

### 4x400 Meter Relay (3:05.16 cu)

3:12.70	Salzmann/Morris/McCathran/Reimer.....	Big 12 Outdoor (5/13-15)
3:13.13	MacIntosh/Morris/McCathran/Reimer.....	Jack Christiansen Invite (4/23)
3:19.98	Blake/O.Dodson/McCathran/Whitaker.....	Potts Invite (3/19)
3:20.00	MacIntosh/Berens/McCathran/Reimer.....	CU Invite (4/9)

## Long Jump (26-2.50 cu)

22-08/6.91	dec	Alex Von Hagen.....	Jim Click Combined Events (3/31-4/1)
22-04/50/6.82	dec	Alex Von Hagen.....	Glenn Morris Combined Events (4/21-22)
21-11.75/6.70	dec	Alex Von Hagen.....	Big 12 Outdoor (5/13-15)
20-06/50/6.26	dec	Brock Emory.....	Big 12 Outdoor (5/13-15)
20-05/75/6.24		Adam Salzmann.....	Front Range Classic (5/1)
20-04/50/6.21	dec	Adam Salzmann.....	Big 12 Outdoor (5/13-15)
20-03/50/6.18	dec	Brock Emory.....	Jim Click Combined Events (3/31-4/1)
20-02/25/6.15		Adam Salzmann.....	Jack Christiansen Invite (4/23)
19-10/25/6.05	dec	Eddie Taylor.....	Jim Click Combined Events (3/31-4/1)
19-07/5.97	dec	Brock Emory.....	Glenn Morris Combined Events (4/21-22)

## Triple Jump (53-06.50 cu)

### High Jump (7-04.00 cu)

6-05/50/1.97	dec	Alex Von Hagen.....	Jim Click Combined Events (3/31-4/1)
6-05/50/1.97	dec	Brock Emory.....	Jim Click Combined Events (3/31-4/1)
6-04/1.93	dec	Alex Von Hagen.....	Big 12 Outdoor (5/13-15)
6-03/50/1.92	dec	Alex Von Hagen.....	Glenn Morris Combined Events (4/21-22)
6-02/75/1.90	dec	Adam Salzmann.....	Jim Click Combined Events (3/31-4/1)
6-02/1.88		Adam Salzmann.....	CU Invite (4/9)
6-01/50/1.87	dec	Adam Salzmann.....	Big 12 Outdoor (5/13-15)
6-01/25/1.86	dec	Eddie Taylor.....	Glenn Morris Combined Events (4/21-22)
6-01/25/1.86	dec	Brock Emory.....	Glenn Morris Combined Events (4/21-22)

## Shot Put (60-11.50 cu)

50-04/75/15.36		Michael Field.....	Jack Christiansen Invite (4/23)
50-03/50/15.33		Dane Chobanian.....	Big 12 Outdoor (5/13-15)
50-02/75/15.31		Michael Field.....	Big 12 Outdoor (5/13-15)
49-04/50/15.05		Michael Field.....	Front Range Classic (5/1)
48-02/25/14.99		Dane Chobanian.....	Potts Invite (3/19)
48-00/75/14.95		Michael Field.....	CU Invite (4/9)
48-05/25/14.78		Dane Chobanian.....	Jack Christiansen Invite (4/23)
47-10/50/14.59		Michael Field.....	Beach Invite (4/16)
47-08/14.53		Dane Chobanian.....	CU Invite (4/9)

## Hammer Throw (210-11 cu)

175-09/53.58		Alex Kizirian.....	Front Range Classic (5/1)
171-04/52.52		Trey Mullen.....	CU Invite (4/9)
172-03/52.50		Trey Mullen.....	Potts Invite (3/19)
171-09/52.35		Trey Mullen.....	Mt. SAC Relays (4/15)
170-08/52.02		Trey Mullen.....	Big 12 Outdoor (5/13-15)
162-08/49.59		Trey Mullen.....	Jack Christiansen Invite (4/23)
158-01/48.18		Niklas Cederstrom.....	CU Invite (4/9)
157-10/48.10		Niklas Cederstrom.....	Front Range Classic (5/1)
157-01/47.88		Niklas Cederstrom.....	Beach Invitational (4/16)
153-10/46.90		Niklas Cederstrom.....	Potts Invite (3/18)

## Discus Throw (209-7 cu)

175-03/53.41		Dane Chobanian.....	CU Invite (4/9)
171-01/52.15		Dane Chobanian.....	Big 12 Outdoor (5/13-15)
169-03/51.60		Dane Chobanian.....	Mt. SAC Relays (4/15)
167-03/50.98		Dane Chobanian.....	Jack Christiansen Invite (4/23)
164-02/50.03		Dane Chobanian.....	Beach Invite (4/16)
160-01/48.80		Dane Chobanian.....	Potts Invite (3/19)
155-02/47.30		Trey Mullen.....	Big 12 Outdoor (5/13-15)
154-00/46.94		Alex Kizirian.....	Potts Invite (3/19)
152-09/46.56		Trey Mullen.....	CU Invite (4/9)
150-00/45.72		Alex Kizirian.....	Jack Christiansen Invite (4/23)

## Javelin (241-4.5 cu)

221-00/67.37		Brian Owens.....	CU Invite (4/9)
206-00/62.80		Brian Owens.....	Big 12 Outdoor (5/13-15)
199-09/60.88		Brandin Williams.....	Potts Invite (3/18)
195-04/59.55		Brandin Williams.....	Beach Invite (4/16)
189-00/57.60		Brian Owens.....	Beach Invite (4/16)
187-03/57.08		Brandin Williams.....	Front Range Classic (5/1)
185-08/56.59		Brian Owens.....	Potts Invite (3/18)
183-00/55.78		Kevin Fasing.....	CU Invite (4/9)
176-02/53.69		Brandin Williams.....	CU Invite (4/9)
174-02/53.08		Kevin Fasing.....	Potts Invite (3/18)

## Pole Vault (17-06.50 cu)

14-07/25/4.45		Adam Salzmann.....	Potts Invite (3/19)
14-05/50/4.38	dec	Eddie Taylor.....	Glenn Morris Combined Events (4/21-22)
14-02/50/4.33	dec	Eddie Taylor.....	Big 12 Outdoor (5/13-15)
14-02/50/4.33	dec	Adam Salzmann.....	Big 12 Outdoor (5/13-15)
14-01/25/4.30	dec	Eddie Taylor.....	Potts Invite (3/19)
14-01/25/4.30	dec	Eddie Taylor.....	Jim Click Combined Events (3/31-4/1)
13-07/25/4.15		Brock Emory.....	Potts Invite (3/19)

## Decathlon (7,500 auto/6,900 provisional; 7,645 cu)

6899	Adam Salzmann.....	Big 12 Outdoor (5/13-15)
6724	Alex Von Hagen.....	Jim Click Combined Events (3/31-4/1)
6667	Alex Von Hagen.....	Glenn Morris Combined Events (4/21-22)
6506	Alex Von Hagen.....	Big 12 Outdoor (5/13-15)
6392	Eddie Taylor.....	Big 12 Outdoor (5/13-15)
6327	Eddie Taylor.....	Glenn Morris Combined Events (4/21-22)
6258	Eddie Taylor.....	Jim Click Combined Events (3/31-4/1)
6179	Brock Emory.....	Big 12 Outdoor (5/13-15)
6024	Brock Emory.....	Glenn Morris Combined Events (4/21-22)

## Symbol Key

na	naaa automatic qualifying time/mark
np	naaa provisional qualifying time/mark
rq	regional qualifying time/mark
rqa	regional qualifying time/mark with altitude conversion
p	preliminary mark
pr	personal record
w	wind-aided mark
sr	school record
dec	mark earned during decathlon competition
*	not an NCAA event

## 100 Meters (10.0 cu)

10.32	Joe Morris.....	LSU Alumni Gold (4/23)
10.37	Joe Morris.....	CU Invite (4/9)
10.53	Joe Morris.....	Potts Invite (3/19)
10.72	Joe Morris.....	Big 12 Outdoor (5/13-15)
10.82	A.J. Whitaker.....	Front Range Classic (4/16)
10.86	Adam Salzmann.....	Front Range Classic (4/16)
11.01	Blake Berens.....	Jack Christiansen Invite (4/23)
11.11	Blake Berens.....	Potts Invite (3/19)

## 200 Meters (20.37 cu)

20.90	Joe Morris.....	Potts Invite (3/19)
21.10	Joe Morris.....	Big 12 Outdoor (5/13-15)
21.27	Joe Morris.....	LSU Alumni Gold (4/23)
21.37	Joe Morris.....	CU Invite (4/9)
21.74	Blake Reimer.....	CSU-Pueblo (4/16)
21.84	Joe Morris.....	Big 12 Outdoor (5/13-15)
21.91	Quinton Dodson.....	Potts Invite (3/19)
22.00	Blake Reimer.....	Potts Invite (3/19)

## 400 Meters (45.64 cu)

47.83	Blake Reimer.....	LSU Alumni Gold (4/23)	
48.24	Blake Reimer.....	Big 12 Outdoor (5/13-15)	
48.28	Blake Reimer.....	CU Invite (4/9)	
48.83	Blake Reimer.....	CSU-Pueblo (4/16)	
48.93	dec	Adam Salzmann.....	Big 12 Outdoor (5/13-15)
49.31	Matthew McCathran.....	CSU-Pueblo (4/16)	
49.49	Matthew McCathran.....	CU Invite (4/9)	
49.58	Blake Berens.....	CSU-Pueblo (4/16)	

## 800 Meter Run (1:46.47 cu)

1:49.92	Steve Kasica.....	Mt. SAC Relays (4/15)
1:50.61	Steve Kasica.....	Oregon Twilight (5/6)
1:51.16	Matthew Biegner.....	Oregon Twilight (5/6)
1:51.73	Matthew Biegner.....	Jack Christiansen Invite (4/23)
1:53.42	Matthew Biegner.....	CU Invite (4/9)
1:53.43	Steven Kasica.....	CU Invite (4/9)
1:57.01	Evan Johnston.....	Jack Christiansen Invite (4/23)

## 1,500 Meter Run (3:39.74 cu)

3:49.20	Andy Wacker.....	Beach Invite (4/16)
3:49.25	Matt Tebo.....	Cardinal Invite (5/1)
3:49.73	Richard Medina.....	CU Invite (4/9)
3:52.24	Joe Bosshard.....	CU Invite (4/9)
3:53.32	Matt Tebo.....	CU Invite (4/9)
3:53.48	Aric Van Halen.....	Beach Invite (4/16)
3:56.25	Matthew Biegner.....	Beach Invite (4/16)

## 3,000 Meters\* (7:50.39 cu)

8:58.60	Dillon Shije.....	CU Invite (4/9)
8:59.77	Ryan Savercool.....	CU Invite (4/9)
9:10.79	Garrett Ward.....	CU Invite (4/9)

## 5,000 Meters (13:24.56 cu)

13:34.57	Joe Bosshard.....	Cardinal Invite (5/1)
13:41.49	Andy Wacker.....	Cardinal Invite (5/1)
13:44.03	Matt Tebo.....	Mt. SAC Relays (4/15)
13:44.34	Richard Medina.....	Mt. SAC Relays (4/15)
13:50.62	Joe Bosshard.....	Big 12 Outdoor (5/15)
14:00.04	Matt Tebo.....	Big 12 Outdoor (5/15)
14:02.92	Andy Wacker.....	Big 12 Outdoor (5/15)
14:05.31	Joe Bosshard.....	Mt. SAC Relays (4/15)
14:25.22	Martin Medina.....	Mt. SAC Relays (4/15)

## 10,000 Meters (27:38.50 cu)

28:52.85	Joe Bosshard.....	Big 12 Outdoor (5/13)
29:10.85	Joe Bosshard.....	Stanford Invite (3/25)
29:10.89	Andy Wacker.....	Stanford Invite (3/25)
29:14.91	Richard Medina.....	Stanford Invite (3/25)
29:16.42	Richard Medina.....	Big 12 Outdoor (5/13)
29:24.45	Matt Tebo.....	Big 12 Outdoor (5/13)
29:30.09	Matt Tebo.....	Stanford Invite (3/25)
29:30.12	Andy Wacker.....	Big 12 Outdoor (5/13)

## 110 Meter Hurdles (13.3 cu)

15.15	dec	Brock Emory.....	Glenn Morris Combined Events (4/21-22)
15.29		Adam Salzmann.....	Potts Invite (3/19)
15.30	dec	Adam Salzmann.....	Big 12 Outdoor (5/13-15)
15.40	dec	Brock Emory.....	Jim Click Combined Events (3/31-4/1)
15.54		Brock Emory.....	CU Invite (4/9)
15.73		Brock Emory.....	Potts Invite (3/19)
16.15	dec	Alex Von Hagen.....	Glenn Morris Combined Events (4/21-22)
16.24		Eddie Taylor.....	Front Range Classic (5/1)
16.38		Alex Von Hagen.....	Potts Invite (3/19)

## 400 Meter Hurdles (49.66 cu)

53.52	Kyle MacIntosh.....	CU Invite (4/9)
53.65	Tyler Baker.....	CU Invite (4/9)
53.97	Kyle MacIntosh.....	Big 12 Outdoor (5/13-15)
54.03	Kyle MacIntosh.....	LSU Alumni Gold (4/23)
54.43	Tyler Baker.....	LSU Alumni Gold (4/23)
54.56	Tyler Baker.....	Potts Invite (3/19)

# 2011 MEN'S OUTDOOR PERFORMANCE LIST

## TYLER BAKER

<b>400 Meter Hurdles (53.65 pr)</b>		
53.65	pr	CU Invite (4/9).....3rd
54.43		LSU Alumni Gold (4/23) .....3rd - B section
54.56		Potts Invite (3/19).....3rd
55.65	p	Big 12 Outdoor (5/13-15) .....20th

## BLAKE BERENS

<b>100 Meters (11.01 pr)</b>		
11.01	pr	Jack Christiansen Invite (4/23).....4th
11.11		Potts Invite (3/19).....5th
<b>200 Meters (21.63 pr)</b>		
22.04		Jack Christiansen Invite (4/23).....14th
22.05		CSU-Pueblo (4/16).....9th
22.24		Potts Invite (3/19).....6th
22.82		CSU-Pueblo Open (3/26).....7th
23.38		CU Invite (4/9).....17th
<b>400 Meters (49.90 pr)</b>		
49.90	pr	CSU-Pueblo Open (3/26).....9th
50.31		CU Invite (4/9).....16th

## MATT BIEGNER

<b>400 Meters (51.68 pr)</b>		
<b>800 Meters (1:51.16 pr)</b>		
1:51.16	pr	Oregon Twilight (5/6).....6th
1:51.73		Jack Christiansen Invite (4/23).....2nd
1:53.42		CU Invite (4/9).....3rd
<b>1500 Meters (3:51.76 pr)</b>		
3:56.25		Beach Invite (4/16).....39th

## JOE BOSSHARD

<b>1500 Meters (3:52.24 pr)</b>		
3:52.24	pr	CU Invite (4/9).....3rd
<b>5000 Meters (13:34.57 pr)</b>		
13:34.57	pr	Cardinal Invite (5/1).....10th (section 1)
13:50.62		Big 12 Outdoor (5/13-15) .....1st
14:05.31		Mt. SAC Relays (4/15) .....23rd (Olympic Development)
<b>10000 Meters (28:52.85 pr)</b>		
28:52.85	pr	Big 12 Outdoor (5/13-15) .....1st
29:10.85		Stanford Invite (3/25).....1st (section 1)

## NIKLAS CEDERSTROM

<b>Shot Put (44-05.50 pr)</b>		
<b>Discus (146-10 pr)</b>		
134-05/40.97		Beach Invite (4/16).....48th
128-11/39.30		Potts Invite (3/19).....10th
120-02/36.62		CU Invite (4/9).....27th
<b>Hammer Throw (158-01 pr)</b>		
158-01/48.18		CU Invite (4/9).....7th
157-10/48.10		Front Range Classic (5/1) .....9th
157-01/47.88		Beach Invite (4/16).....12th
153-10/46.90		Potts Invite (3/18).....8th
144-01/43.92		Jack Christiansen Invite (4/23).....19th

## DANE CHOBANIAN

<b>Shot Put (50-03.50 pr)</b>		
50-03.50/15.33		Big 12 Outdoor (5/13-15) .....16th
49-02.25/14.99		Potts Invite (3/19).....3rd
48-05.25/14.76		Jack Christiansen Invite (4/23).....11th
47-08/14.53		CU Invite (4/9).....5th
<b>Discus (182-03 pr)</b>		
175-03/53.41		CU Invite (4/9).....2nd
171-01/52.15		Big 12 Outdoor (5/13-15) .....12th
169-03/51.60		Mt. SAC Relays (4/15) .....8th (Open Section)
167-03/50.89		Jack Christiansen Invite (4/23).....6th
164-02/50.03		Beach Invite (4/16).....12th
160-01/48.80		Potts Invite (3/19).....2nd
<b>Hammer Throw (158-05 pr)</b>		
146-01/44.52		Potts Invite (3/18).....10th

## QUINTON DODSON

<b>100 Meters (10.52 pr)</b>		
<b>200 Meters (21.29 pr)</b>		
21.91		Potts Invite (3/19).....3rd

## BROCK EMORY

<b>Decathlon (6179 pr)</b>		
6179	pr	Big 12 Outdoor (5/13-14) .....13th
6024		Glenn Morris (4/21-22).....3rd
5715		Jim Click (3/31-4/1) .....13th
<b>100 Meters (11.62 pr)</b>		
11.62	pr	Jim Click (3/31) .....15th
11.72		CU Invite (4/9).....27th
11.75		Glenn Morris (4/21).....5th
11.76		Big 12 Outdoor (5/13).....10th
<b>Long Jump (20-06.50 pr)</b>		
20-06.50/6.26		Big 12 Outdoor (5/13).....14th
20-03.50/6.18		Jim Click (3/31) .....13th
19-07/5.97		Glenn Morris (4/21).....t2nd
<b>Shot Put (38-07.75 pr)</b>		
38-07.75/11.78		Big 12 Outdoor (5/13).....11th
37-03/11.35		Jim Click (3/31) .....14th
36-07.75/11.17		Glenn Morris (4/21) .....5th
<b>High Jump (6-5.50 pr)</b>		
6-05.50/1.97		Jim Click (3/31) .....t2nd
6-01.25/1.86		Glenn Morris (4/21) .....t2nd
6-01/1.93		CU Invite (4/9).....14th
6-00.50/1.84		Big 12 Outdoor (5/13).....t13th
<b>400 Meters (51.86 pr)</b>		
51.86	pr	Big 12 Outdoor (5/13).....13th
52.65		Glenn Morris (4/21) .....3rd
52.98		Potts Invite (3/19).....16th
53.09		Jim Click (3/31) .....14th
<b>110 Meter Hurdles (14.76 pr)</b>		
15.15		Glenn Morris (4/22) .....1st
15.40		Jim Click (4/1) .....7th
15.54		CU Invite (4/9).....8th
15.73		Potts Invite (3/19).....8th
16.39		Big 12 Outdoor (5/14).....13th
<b>Discus (104-05 pr)</b>		
104-05/31.82		Jim Click (4/1) .....14th
102-00/31.09		Big 12 Outdoor (5/14).....12th
101-02/30.85		Glenn Morris (4/22) .....4th
<b>Pole Vault (13-02.50 pr)</b>		
13-02.50/4.03		Big 12 Outdoor (5/14).....t12th
12-04.75		Glenn Morris (4/22) .....3rd
<b>Javelin (138-01 pr)</b>		
138-01/42.08		Glenn Morris (4/22) .....4th
137-06/41.90		Big 12 Outdoor (5/14).....12th
137-03/41.84		Jim Click (4/1) .....15th
130-06/39.79		CU Invite (4/9).....13th
124-08/38.00		Potts Invite (3/18).....9th
<b>1500 Meters (4:56.56 pr)</b>		
4:56.56		Big 12 Outdoor (5/14).....12th
4:58.39		Jim Click (4/1) .....9th
5:16.30		Glenn Morris (4/22) .....5th

## KEVIN FASING

<b>Javelin (216-06 pr)</b>		
183-00/55.78		CU Invite (4/9).....3rd
174-02/53.08		Potts Invite (3/18).....3rd

## MICHAEL FIELD

<b>Shot Put (50-04.75 pr)</b>		
50-04.75/15.36		Jack Christiansen Invite (4/23).....10th
50-02.75/15.31		Big 12 Outdoor (5/13-15) .....17th
49-00.75/14.95		CU Invite (4/9).....4th
49-04.50/15.05		Front Range Classic (5/1) .....8th
47-10.50/14.59		Beach Invite (4/16) .....30th
46-10/14.27		Potts Invite (3/19).....6th
<b>Hammer Throw (139-04)</b>		
139-04/42.48		Potts Invite (3/18).....14th

## CAMERON HUTCHINS

<b>Discus (131-00 pr)</b>		
<b>Hammer Throw (148-11 pr)</b>		
148-11/45.38		Front Range Classic (5/1) .....14th
145-08/44.40		Potts Invite (3/18).....11th
139-07/42.55		Beach Invite (4/16) .....17th
139-02/42.42		CU Invite (4/9).....14th

## EVAN JOHNSTON

<b>800 Meters (1:57.01 pr)</b>		
1:57.01		Jack Christiansen Invite (4/23).....13th
1:57.02		Front Range Classic (5/1) .....10th
1:58.22		CU Invite (4/9).....19th

# 2011 MEN'S OUTDOOR PERFORMANCE LIST

## STEVE KASICA

<b>400 Meters (51.05 pr)</b>		
51.05	pr	Jack Christiansen Invite (4/23)..... 12th
<b>800 Meters (1:49.92 pr)</b>		
1:49.92	pr	Mt. SAC Relays (4/15) ..... 7th (Open Section)
1:50.91		Oregon Twilight (5/6)..... 5th
1:53.43		CU Invite (4/9)..... 4th
1:58.03	p	Big 12 Outdoor (5/13-15) ..... 19th
<b>1500 Meters (4:05.01 pr)</b>		
4:05.01	pr	Potts Invite (3/19)..... 4th

## ALEX KIZIRIAN

<b>Shot Put (45-10.50 pr)</b>		
45-10.50/13.98		CU Invite (4/9)..... 6th
45-01.50/13.75		Jack Christiansen Invite (4/23)..... 14th
44-08.25/13.62		Front Range Classic (5/1) ..... 11th
43-00.25/13.11		Potts Invite (3/19)..... 7th

## Discus (154-00 pr)

154-00/46.94		Potts Invite (3/19)..... 3rd
150-00/45.72		Jack Christiansen Invite (4/23)..... 15th
148-06/45.27		Big 12 Outdoor (5/13-15) ..... 22nd
142-07/43.46		Front Range Classic (5/1) ..... 12th
138-04/42.17		CU Invite (4/9)..... 14th
133-00/40.54		Beach Invite (4/16) ..... 49th

## Hammer Throw (175-09 pr)

175-09/53.58		Front Range Classic (5/1) ..... 4th
151-11/46.30		CU Invite (4/9)..... 11th
150-10/45.97		Big 12 Outdoor (5/13-15) ..... 14th
133-00/40.54		Potts Invite (3/18)..... 15th

## KYLE MacINTOSH

<b>200 Meters (21.74 pr)</b>		
22.29		Potts Invite (3/19)..... 7th
<b>400 Meters (48.06 pr)</b>		
49.70		Potts Invite (3/19)..... 8th
<b>400 Meter Hurdles (53.38 pr)</b>		
53.52		CU Invite (4/9)..... 2nd
53.97	p	Big 12 Outdoor (5/13-15) ..... 18th
54.03		LSU Alumni Gold (4/23) ..... 6th

## MATTHEW McCATHRAN

<b>200 Meters (22.40 pr)</b>		
49.31		CSU-Pueblo (4/16)..... 6th
49.49		CU Invite (4/9)..... 8th
<b>400 Meter Hurdles (54.50 pr)</b>		

## MARTIN MEDINA

<b>1500 Meters (4:01.0h pr)</b>		
4:01.0h		CU Invite (4/9)..... t12th
4:04.85		Front Range Classic (5/1) ..... 6th
<b>5000 Meters (14:22.33 pr)</b>		
14:22.33	pr	Big 12 Outdoor (5/13-15) ..... 9th
14:25.22		Mt. SAC Relays (4/15) ..... 30th (Open A)
<b>10000 Meters (30:05.75 pr)</b>		
30:05.75	pr	Big 12 Outdoor (5/13-15) ..... 9th

## RICHARD MEDINA

<b>1,500 Meters (3:48.50 pr)</b>		
3:49.73		CU Invite (4/9)..... 1st
<b>5,000 Meters (13:44.34 pr)</b>		
13:44.34	pr	Mt. SAC Relays (4/15) ..... 6th (Olympic Development)
<b>10,000 Meters (29:14.91 pr)</b>		
29:14.91	pr	Stanford Invite (3/25)..... 3rd (section 2)
29:16.42		Big 12 Outdoor (5/13-15) ..... 4th

## JOE MORRIS

<b>100 Meters (10.32 pr)</b>		
10.32	pr	LSU Alumni Gold (4/23) ..... 1st - B section
10.37		CU Invite (4/9)..... 2nd
10.53		Potts Invite (3/19)..... 1st
10.72	p	Big 12 Outdoor (5/13-15) ..... 15th
<b>200 Meters (20.90 pr)</b>		
20.90	pr	Potts Invite (3/19)..... 2nd
21.10	p	Big 12 Outdoor (5/13-15) ..... 11th
21.27		LSU Alumni Gold (4/23) ..... 12th
21.35		CU Invite (4/9)..... 2nd.

## TREY MULLEN

<b>Discus (156-02 pr)</b>		
155-02/47.31		Big 12 Outdoor (5/13-15) ..... 19th
152-09/46.56		CU Invite (4/9) ..... 10th
149-09/45.64		Potts Invite (3/19) ..... 4th
148-03/45.20		Jack Christiansen Invite (4/23)..... 18th
140-08/42.87		Beach Invite (4/16) ..... 40th
<b>Hammer Throw (172-04 pr)</b>		
172-04/52.52		CU Invite (4/9)..... 3rd
172-03/52.50		Potts Invite (3/18) ..... 3rd
171-09/52.35		Mt. SAC Relays (4/15) ..... 36th (Open Section)
170-08/52.02		Big 12 Outdoor (5/13-15) ..... 14th
162-08/49.59		Jack Christiansen Invite (4/23)..... 12th

## BRIAN OWENS

<b>Javelin (221-00 pr)</b>		
221-00/67.37		CU Invite (4/9)..... 1st
206-00/62.80		Big 12 Outdoor (5/13-15) ..... 6th
189-00/57.60		Beach Invite (4/16) ..... 11th
185-08/56.59		Potts Invite (3/18)..... 2nd

## BLAKE REIMER

<b>200 Meters (21.74 pr)</b>		
21.74	pr	CSU-Pueblo (4/16)..... 6th
21.84	p	Big 12 Outdoor (5/13-15) ..... 17th
22.00		Potts Invite (3/19) ..... 5th
22.63		CSU-Pueblo Open (3/26)..... 6th
22.82		CU Invite (4/9)..... 8th

## 400 Meters (47.83 pr)

47.83	pr	LSU Alumni Gold (4/23) ..... 4th - B section
48.24	p	Big 12 Outdoor (5/13-15) ..... 17th
48.28		CU Invite (4/9)..... 3rd
50.30		Potts Invite (3/19) ..... 10th
50.42		CSU-Pueblo (3/26)..... 10th

## ADAM SALZMANN

<b>Decathlon (6899 points pr)</b>		
6899	pr	Big 12 Outdoor (5/13-14) ..... 7th
4911		Jim Click (3/31-4/1) ..... 15th
<b>100 Meters (10.98 pr)</b>		
10.98	pr	Front Range Classic (5/1) ..... 5th
11.15		Big 12 Outdoor (5/13)..... 4th
11.22		Jack Christiansen Invite (4/23)..... 11th
12.89		Jim Click (3/31) ..... 18th

## Long Jump (21-05.25 pr)

20-05.75/6.24		Front Range Classic (5/1) ..... 8th
20-04.50/6.21		Big 12 Outdoor (5/13)..... 16th
17-09.75/5.43		Jim Click (3/31) ..... 17th

## Shot Put (38-11.75 pr)

37-10.75/11.55		Big 12 Outdoor (5/13)..... 14th
36-08.50/11.19		Jim Click (3/31) ..... 16th

## High Jump (6-02.75 pr)

6-02.75/1.90		Jim Click (3/31) ..... t6th
6-02/1.88		CU Invite (4/9)..... t6th
6-01.50/1.87		Big 12 Outdoor (5/13)..... t10th
6-00.75/1.85		Jack Christiansen Invite (4/23)..... 8th

## 400 Meters (48.80 pr)

48.93		Big 12 Outdoor (5/13)..... 2nd
58.49		Jim Click (3/31) ..... 16th

## 110 Meter Hurdles (15.18 pr)

15.29		Potts Invite (3/19) ..... 6th
15.30		Big 12 Outdoor (5/14)..... 7th

## Discus (116-09 pr)

111-08/34.03		CU Invite (4/9) ..... 33rd
103-01/31.41		Jim Click (4/1) ..... 15th
98-09/30.09		Big 12 Outdoor (5/14)..... 13th

## Pole Vault (15-05 pr)

14-02.50/4.33		Big 12 Outdoor (5/14)..... t7th
13-01.50/4.00		Jim Click (4/1) ..... 12th

## Javelin (155-06 pr)

155-06/47.41		Jim Click (4/1) ..... 10th
154-11/47.21		Jack Christiansen Invite (4/23)..... 5th
154-04/47.04		Front Range Classic (5/1) ..... 6th
150-01/45.76		Big 12 Outdoor (5/14)..... 10th
144-03/43.97		CU Invite (4/9)..... 9th
140-06/42.82		Potts Invite (3/18)..... 8th

## 1,500 Meters (4:22.82 pr)

4:22.82	pr	Big 12 Outdoor (5/14)..... 1st
4:59.75		Jim Click (4/1) ..... 11th

## 400 Meter Hurdles (52.94 pr)

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## RYAN SAVERCOOL

<b>1500 Meters (4:08.91 pr)</b>		
4:08.91	pr	Jack Christiansen Invite (4/23)..... 19th
4:13.56		Potts Invite (3/19)..... 15th
<b>3000 Meters (8:59.77 pr)</b>		
8:59.77	pr	CU Invite (4/9)..... 9th
<b>5000 Meters (15:10.43 pr)</b>		
15:10.43	pr	Beach Invite (4/16)..... 14th

## DILLON SHIJE

<b>3000 Meters (8:58.60 pr)</b>		
8:58.60	pr	CU Invite (4/9)..... 7th
<b>5000 Meters (14:52.47 pr)</b>		
14:52.47	pr	Beach Invite (4/16)..... 5th

## JONNY STEVENS

<b>1500 Meters (4:01.0h pr)</b>		
4:01.0h	pr	CU Invite (4/9)..... t12th
4:07.75		Front Range Classic (5/1)..... 8th
<b>Steeplechase (9:13.87 pr)</b>		
9:13.87	pr	Big 12 Outdoor (5/13-15)..... 9th
9:23.13		Beach Invite (4/16)..... 13th
9:49.85		Potts Invite (3/19)..... 4th

## GEO TAM

<b>400 Meters (56.30 pr)</b>		
<b>800 Meters (1:57.62 pr)</b>		
1:58.63		CU Invite (4/9)..... 21st
2:00.83		Front Range Classic (5/1)..... 11th
<b>1500 Meters (4:07.28 pr)</b>		
4:07.28	pr	Potts Invite (3/19)..... 9th
4:09.26		Jack Christiansen Invite (4/23)..... 20th

## EDDIE TAYLOR

<b>Decathlon (6392 points)</b>		
6392	pr	Big 12 Outdoor (5/13-14)..... 12th
6327		Glenn Morris (4/21-22)..... 2nd
6258		Jim Click (3/31-4/1)..... 12th
<b>100 Meters (11.21 pr)</b>		
11.21	pr	Jim Click (3/31)..... 3rd
11.23		Front Range Classic (5/1)..... 7th
11.29		Glenn Morris (4/21)..... 1st
11.35		Big 12 Outdoor (5/13)..... 10th
<b>Long Jump (20-03 pr)</b>		
19-10.25/6.05		Jim Click (3/31)..... 16th
19-04.75/5.91		Front Range Classic (5/1)..... 11th
19-02/5.84		Big 12 Outdoor (5/13)..... 18th
19-01.25/5.82		Glenn Morris (4/21)..... 4th
<b>Shot Put (39-05 pr)</b>		
39-05/12.01		Glenn Morris (4/21)..... 2nd
38-10.50/11.85		Jim Click (3/31)..... 9th
38-09.75/11.83		Big 12 Outdoor (5/13)..... 10th
<b>High Jump (6-01.25 pr)</b>		
6-01.25/1.86		Glenn Morris (4/21)..... t2nd
6-00.75/1.85		Jim Click (3/31)..... t9th
6-00.50/1.84		Big 12 Outdoor (5/13)..... t13th
5-10/1.78		CU Invite (4/9)..... t9th
<b>400 Meters (50.67 pr)</b>		
50.67	pr	CU Invite (4/9)..... 24th
51.13		Glenn Morris (4/21)..... 1st
51.55		Big 12 Outdoor (5/13)..... 12th
51.78		Jim Click (3/31)..... 8th
<b>110 Meter Hurdles (16.24 pr)</b>		
16.24	pr	Front Range Classic (5/1)..... 8th
16.45		Big 12 Outdoor (5/14)..... 13th
16.47		Jim Click (4/1)..... 13th
16.62		Glenn Morris (4/22)..... 5th
<b>Discus (126-00 pr)</b>		
126-00/38.42		Big 12 Outdoor (5/14)..... 9th
112-02/34.19		CU Invite (4/9)..... 31st
111-03/33.91		Glenn Morris (4/22)..... 3rd
99-05/30.30		Jim Click (4/1)..... 16th
<b>Pole Vault (14-04.50 pr)</b>		
14-04.50/4.38		Glenn Morris (4/22)..... 1st
14-02.50/4.33		Big 12 Outdoor (5/14)..... t7th
14-01.25/4.30		Jim Click (4/1)..... t7th
<b>Javelin (122-10 pr)</b>		
119-10/36.52		Potts Invite (3/18)..... 10th
117-08/35.88		CU Invite (4/9)..... 15th
114-00/34.75		Glenn Morris (4/22)..... 7th
112-02/34.20		Big 12 Outdoor (5/14)..... 17th
109-06/33.39		Jim Click (4/1)..... 16th
103-05/31.52		Front Range Classic (5/1)..... 8th
<b>1500 Meters (4:30.47 pr)</b>		
4:42.56		Big 12 Outdoor (5/14)..... 8th
4:45.43		Jim Click (4/1)..... 4th
4:47.44		Glenn Morris (4/22)..... 2nd
<b>400 Meter Hurdles (57.00 pr)</b>		

## MATT TEBO

<b>1500 Meters (3:49.25 pr)</b>		
3:49.25	pr	Cardinal Invite (5/1)..... 10th
3:53.32		CU Invite (4/9)..... 4th
<b>5000 Meters (13:44.03 pr)</b>		
13:44.03	pr	Mt. SAC Relays (4/15)..... 4th (Olympic Development)
14:00.04		Big 12 Outdoor (5/13-15)..... 2nd
<b>10000 Meters (29:24.05 pr)</b>		
29:24.05	pr	Big 12 Outdoor (5/13-15)..... 6th
29:30.09		Stanford Invite (3/25)..... 6th (section 2)

## ARIC VAN HALEN

<b>1500 Meters (3:53.48 pr)</b>		
3:53.48	pr	Beach Invite (4/16)..... 20th
<b>Steeplechase (8:52.53 pr)</b>		
8:52.53	pr	Cardinal Invite (5/1)..... 10th (section 2)
8:57.16		Big 12 Outdoor (5/13-15)..... 4th
9:02.59		Mt. SAC Relays (4/14)..... 1st (Open Section B)
9:37.62		CU Invite (4/9)..... 2nd
<b>5,000 Meters (14:50.36 pr)</b>		

# 2011 MEN'S OUTDOOR PERFORMANCE LIST

## ALEX VON HAGEN

### Decathlon (6724 points)

6724	pr	Jim Click (3/31-4/1)	6th
6667		Glenn Morris (4/21-22)	1st
6506		Big 12 Outdoor (5/13-14)	11th

### 100 Meters (11.18 pr)

11.39		Glenn Morris (4/21)	2nd
11.45		Jim Click (3/31)	11th
11.58		Big 12 Outdoor (5/13)	12th
11.67		CU Invite (4/9)	24th

### Long Jump (22-08 pr)

22-08/6.91		Jim Click (3/31)	2nd
22-04.50/6.82		Glenn Morris (4/21)	1st
21-11.75/6.70		Big 12 Outdoor (5/13)	8th

### Shot Put (37-10 pr)

37-10/11.53		Big 12 Outdoor (5/13)	15th
37-05/11.40		Jim Click (3/31)	13th
36-10.25/11.23		Glenn Morris (4/21)	3rd

### High Jump (6-06.25 pr)

6-05.50/1.97		Jim Click (3/31)	t2nd
6-04/1.93		Big 12 Outdoor (5/13)	t4th
6-03.50/1.92		Glenn Morris (4/21)	1st
6-00/1.83		CU Invite (4/9)	t8th

### 400 Meters (50.27 pr)

51.36		Glenn Morris (4/21)	2nd
51.47		Jim Click (3/31)	6th
51.78		Big 12 Outdoor (5/13)	12th

### 110 Meter Hurdles (16.11 pr)

16.11	pr	Jim Click (4/1)	10th
16.15		Glenn Morris (4/22)	2nd
16.38		Potts Invite (3/19)	11th
16.55		Big 12 Outdoor (5/14)	15th
16.78		CU Invite (4/9)	14th

### Discus (119-09 pr)

119-09/36.51		Glenn Morris (4/22)	1st
108-04/33.03		Jim Click (4/1)	12th
96-03/29.33		Big 12 Outdoor (5/14)	14th

### Pole Vault (13-09 pr)

12-08.75/3.88		Glenn Morris (4/22)	2nd
12-05.50/3.80		Jim Click (4/1)	t12th
12-02.75/3.73		Big 12 Outdoor (5/14)	t14th

### Javelin (188-06 pr)

166-11/50.87		Big 12 Outdoor (5/14)	6th
158-01/48.19		Potts Invite (3/18)	4th
154-10/47.19		Glenn Morris (4/22)	1st
148-02/45.17		Jim Click (4/1)	11th
147-00/44.82		CU Invite (4/9)	8th

### 1500 Meters (4:28.89 pr)

4:28.89	pr	Jim Click (4/1)	1st
4:35.66		Big 12 Outdoor (5/14)	5th
4:47.24		Glenn Morris (4/22)	1st

## ANDY WACKER

### 1500 Meters (3:49.20 pr)

3:49.20	pr	Beach Invite (4/16)	1st
4:05.78		CU Invite (4/9)	18th

### 5000 Meters (13:41.49 pr)

13:41.49	pr	Cardinal Invite (5/1)	5th (section 2)
14:02.92		Big 12 Outdoor (5/13-15)	5th

### 10000 Meters (29:10.89 pr)

29:10.89	pr	Stanford Invite (3/25)	2nd (section 2)
29:30.12		Big 12 Outdoor (5/13-15)	7th

## GARRETT WARD

### 1,500 Meters (4:06.00 pr)

4:06.00	pr	Potts Invite (3/19)	6th
4:06.80		Jack Christiansen Invite (4/23)	18th

### 3000 Meters (9:06.23 pr)

9:10.79		CU Invite (4/9)	14th
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### 5000 Meters (15:20.20 pr)

15:20.20	pr	Beach Invite (4/16)	20th
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## A.J. WHITAKER

### 100 Meters (10.55 pr)

10.82		Potts Invite (3/19)	2nd
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### 200 Meters (21.43 pr)

## BRANDIN WILLIAMS

### Javelin (222-09)

199-09/60.88		Potts Invite (3/18)	1st
195-04/59.55		Beach Invite (4/16)	10th
187-03/57.08		Front Range Classic (5/1)	3rd
176-02/53.69		CU Invite (4/9)	5th
173-00/52.73		Big 12 Outdoor (5/13-15)	12th

# 2011 WOMEN'S OUTDOOR PERFORMANCE LIST

## SEASON RESULTS

M 18-19	POTTS INVITATIONAL (Boulder).....	NTS
M 25-26	at Stanford Invitational (Stanford, Calif.) .....	NTS
M 26	at CSU Pueblo Open (Pueblo, Colo.).....	NTS
M 31-A 1	at Jim Click Shootout (Tucson, Ariz.) .....	NTS
A 9	COLORADO INVITATIONAL (Boulder) .....	NTS
A 15-16	at Mt. SAC Relays (Walnut, Calif.) .....	NTS
A 16	at Beach Invitational (Norwalk, Calif.) .....	NTS
A 16	at CSU Pueblo Invitational (Pueblo, Colo.) .....	NTS
A 21-22	at Glenn Morris Combined Events (Fort Collins, Colo.) .....	NTS
A 23	at Jack Christiansen Invitational (Fort Collins, Colo.).....	NTS
A 23	at LSU Alumni Gold (Baton Rouge, La.).....	NTS
M 1	at Front Range Classic (Fort Collins, Colo.).....	5/5
M 1	at Cardinal Invitational (Palo Alto, Calif.).....	NTS
M 13-15	at Big 12 Championship (Norman, Okla.).....	10th/12
M 26-28	at NCAA West Preliminaries (Eugene, Ore.).....	
J 8-11	at NCAA Championships (Des Moines, Iowa).....	
J 22-26	at USATF Championship (Eugene, Ore.).....	

### 100 Meters (11.65 cu)

12.90	Rachael Oppenorth .....	CU Invite (4/9)
13.08	Rachael Oppenorth .....	Jack Christiansen Invite (4/23)
13.14	Jennifer Gruver .....	CSU-Pueblo (4/16)

### 200 Meters (23.86 cu)

25.24	Brooke Regan .....	Potts Invite (3/19)
25.47	Brooke Regan .....	Big 12 Outdoor (5/13-15)
25.50	Katie Dreher .....	Big 12 Outdoor (5/13-15)
25.54	Brooke Regan .....	CU Invite (4/9)
25.80	Katie Dreher .....	Front Range Classic (5/1)
26.07	Genny Mayden .....	Big 12 Outdoor (5/13-15)
26.10	Liz Tremblay .....	Jack Christiansen Invite (4/23)
26.26	Rachael Oppenorth .....	Jack Christiansen Invite (4/23)

### 400 Meters (54.22 cu)

56.09	Brooke Regan .....	CU Invite (4/9)
56.85	Liz Tremblay .....	Beach Invite (4/16)
56.88	Brooke Regan .....	CSU-Pueblo (4/16)
57.25	Brooke Regan .....	Potts Invite (3/19)
57.29	Brooke Regan .....	LSU Alumni Gold (4/23)

### 800 Meter Run (2:02.54 cu)

2:06.59	Liz Tremblay .....	Oregon Twilight (5/6)
2:07.07	Liz Tremblay .....	Big 12 Outdoor (5/13-15)
2:07.83	Liz Tremblay .....	Big 12 Outdoor (5/13-15)
2:08.23	Jessica Pixler .....	CU Invite (4/9)
2:08.58	Liz Tremblay .....	Mt. SAC Relays (4/15)
2:09.26	Liz Tremblay .....	CU Invite (4/9)
2:10.63	Laura Thweatt .....	CU Invite (4/9)
2:11.55	Emma Coburn .....	CU Invite (4/9)
2:13.50	Katie Cumming .....	CU Invite (4/9)
2:17.01	Heather Balbier .....	CU Invite (4/9)
2:17.52	Staci Foster .....	CU Invite (4/9)

### 1,500 Meter Run (3:59.90 cu)

4:14.34	Emma Coburn .....	Mt. SAC Relays (4/15)
4:20.93	Katie Cumming .....	Cardinal Invite (5/1)
4:21.05	Laura Thweatt .....	Cardinal Invite (5/1)
4:23.66	Camille Logan .....	Cardinal Invite (5/1)
4:25.96	Camille Logan .....	CU Invite (4/9)
4:26.95	Katie Cumming .....	Big 12 Outdoor (5/13-15)
4:28.48	Staci Foster .....	Big 12 Outdoor (5/13-15)
4:28.72	Staci Foster .....	Mt. SAC Relays (4/15)
4:29.52	Laura Tremblay .....	Mt. SAC Relays (4/15)
4:29.55	Jessica Pixler .....	Potts Invite (3/19)

### 3,000 Meters\* (8:54.22 cu)

10:34.39	Megan Burrell .....	Potts Invite (3/19)
10:47.96	Emily Hanenburg .....	Potts Invite (3/19)
10:58.13	Kelly King .....	CU Invite (4/9)

### 5,000 Meters (15:07.64 cu)

15:25.58	Jessica Pixler .....	Stanford Invite (3/25)
15:57.24	Laura Thweatt .....	Mt. SAC Relays (4/15)
16:01.26	Shalaya Kipp .....	Mt. SAC Relays (4/15)
16:10.85	Katie Cumming .....	Mt. SAC Relays (4/15)
16:15.19	Camille Logan .....	Mt. SAC Relays (4/15)
16:16.29	Laura Thweatt .....	Big 12 Outdoor (5/13-15)
16:23.01	Shalaya Kipp .....	Big 12 Outdoor (5/13-15)
16:25.78	Katie Cumming .....	Big 12 Outdoor (5/13-15)

### 10,000 Meters (32:50.80 cu)

33:49.00	Laura Thweatt .....	Big 12 Outdoor (5/13-15)
34:27.12	Camille Logan .....	Big 12 Outdoor (5/13-15)
34:33.08	Laura Thweatt .....	Stanford Invite (3/25)
34:33.24	Camille Logan .....	Stanford Invite (3/25)

### 100 Meter Hurdles (12.98)

14.70	hep	Holly Odneal .....	Big 12 Outdoor (5/13-15)
14.77		Holly Odneal .....	Front Range Classic (5/1)
14.96		Holly Odneal .....	CU Invite (4/9)
15.13	hep	Holly Odneal .....	Jim Click Combined Events (3/31-4/1)
15.22	hep	Katie Dreher .....	Big 12 Outdoor (5/13-15)
15.29		Holly Odneal .....	Glenn Morris Combined Events (4/21-22)
15.49	hep	Genny Mayden .....	Big 12 Outdoor (5/13-15)
15.50		Genny Mayden .....	CU Invite (4/9)
15.51		Katie Dreher .....	Front Range Classic (5/1)

### 400 Meter Hurdles (57.77 cu)

1:00.34	p	Joi Windham .....	Big 12 Outdoor (5/13-15)
1:01.33		Joi Windham .....	LSU Alumni Gold (4/23)
1:01.78		Joi Windham .....	Potts Invite (3/19)
1:02.04		Joi Windham .....	CU Invite (4/9)
1:04.19		Toi Windham .....	CU Invite (4/9)
1:04.80		Toi Windham .....	Potts Invite (3/19)
1:05.35		Toi Windham .....	CSU-Pueblo (4/16)

### 3,000 M Steeplechase (9:12.50 cu)

9:40.51	Emma Coburn .....	Cardinal Invite (5/1)
9:57.39	Emma Coburn .....	Big 12 Outdoor (5/13-15)
10:03.37	Shalaya Kipp .....	Cardinal Invite (5/1)
10:55.36	Emily Hanenburg .....	Beach Invite (4/16)
11:04.30	Emily Hanenburg .....	Big 12 Outdoor (5/13-15)
11:21.32	Emily Hanenburg .....	CU Invite (4/9)
11:40.77	Courtney Bouchet .....	CU Invite (4/9)
12:08.67	Courtney Bouchet .....	Beach Invite (4/16)

### 4x100 Meter Relay (44.95 cu)

### 4x400 Meter Relay (3:33.07 cu)

3:48.47	J.Windham/Regan/Dreher/Tremblay .....	Big 12 Outdoor (5/13-15)
3:58.33	J.Windham/T.Windham/Regan/Davis .....	Potts Invite (3/19)
3:58.40	J.Windham/Oppenorth/Windham/Gruver .....	CU Invite (4/9)

### Mile Relay (3:45.53 cu)

### Long Jump (20-10.50 cu)

18-04.50/5.60	Genny Mayden .....	Big 12 Outdoor (5/13-15)
18-04.25/5.59	Katie Dreher .....	Big 12 Outdoor (5/13-15)
17-08.25/5.39	Genny Mayden .....	Front Range Classic (5/1)
17-02.00/5.23	Holly Odneal .....	Big 12 Outdoor (5/13-15)
17-01.25/5.21	Katie Dreher .....	Front Range Classic (5/1)
16-09.50/5.12	Genny Mayden .....	Glenn Morris Combined Events (4/21-22)
16-00.50/4.89	Holly Odneal .....	Front Range Classic (5/1)
16-00.50/4.89	Holly Odneal .....	Glenn Morris Combined Events (4/21-22)

### Triple Jump (40-11.5 cu)

### High Jump (6-3 cu)

5-05.25/1.66	Holly Odneal .....	Jim Click Combined Events (3/31-4/1)
5-05.25/1.66	Holly Odneal .....	Big 12 Outdoor (5/13-15)
5-05/1.65	Holly Odneal .....	Potts Invite (3/19)
5-05/1.65	Katie Dreher .....	Potts Invite (3/19)

### Shot Put (54-6 cu)

38-10.25/11.84	Emily Hunsucker .....	CU Invite (4/9)
37-03/11.35	Adrienne Lettow .....	Potts Invite (3/19)
37-03/11.35	Genny Mayden .....	Big 12 Outdoor (5/13-15)
37-01.75/11.32	Adrienne Lettow .....	CSU-Pueblo (3/26)
36-10.50/11.24	Genny Mayden .....	Glenn Morris Combined Events (4/21-22)
36-10.25/11.23	Holly Odneal .....	Big 12 Outdoor (5/13-15)
36-07.75/11.17	Emily Hunsucker .....	Potts Invite (3/19)
36-05.50/11.11	Adrienne Lettow .....	Beach Invitational (4/16)
35-10.75/10.94	Adrienne Lettow .....	Front Range Classic (5/1)

### Hammer Throw (196-10 cu)

176-08/53.85	Emily Hunsucker .....	Jack Christiansen Invite (4/23)
166-08/50.81	Emily Hunsucker .....	Beach Invitational (4/16)
162-04/49.47	Emily Hunsucker .....	Big 12 Outdoor (5/13-15)
162-03/49.46	Max Van Dyke .....	Front Range Classic (5/1)
159-11/48.75	Max Van Dyke .....	Beach Invitational (4/16)
148-00/45.12	Kellie Lind .....	Front Range Classic (5/1)
147-04/44.91	Max Van Dyke .....	Big 12 Outdoor (5/13-15)
146-11/44.78	Kellie Lind .....	CU Invite (4/9)

### Javelin (169-5 cu)

120-09/36.80	Genny Mayden .....	Big 12 Outdoor (5/13-15)
110-00/33.53	Max Van Dyke .....	Potts Invite (3/18)
109-11/33.51	Katie Dreher .....	Glenn Morris Combined Events (4/21-22)
109-08/33.44	Katie Dreher .....	Front Range Classic (5/1)
104-02/31.76	Genny Mayden .....	Front Range Classic (5/1)
102-11/31.36	Holly Odneal .....	Big 12 Outdoor (5/13-15)
102-07/31.28	Holly Odneal .....	Jim Click Combined Events (3/31-4/1)
102-05/31.22	Max Van Dyke .....	Beach Invitational (4/16)
101-04/30.90	Holly Odneal .....	Front Range Classic (5/1)

### Discus Throw (181-7 cu)

131-10/40.19	Emily Hunsucker .....	Potts Invite (3/19)
120-01/36.60	Emily Hunsucker .....	CU Invite (4/9)
114-06/34.91	Emily Hunsucker .....	Jack Christiansen Invite (4/23)

### Pole Vault (12-4 cu)

### Heptathlon (5,893 cu)

4953	Katie Dreher .....	Big 12 Outdoor (5/13-15)
4939	Genny Mayden .....	Big 12 Outdoor (5/13-15)
4699	Holly Odneal .....	Big 12 Outdoor (5/13-15)
4454	Holly Odneal .....	Jim Click Combined Events (3/31-4/1)
4434	Genny Mayden .....	Glenn Morris Combined Events (4/21-22)
4432	Katie Dreher .....	Glenn Morris Combined Events (4/21-22)
4338	Holly Odneal .....	Glenn Morris Combined Events (4/21-22)
3129	Genny Mayden .....	Jim Click Combined Events (3/31-4/1)

### Symbol Key

na	ncaa automatic qualifying time/mark
np	ncaa provisional qualifying time/mark
rq	regional qualifying time/mark
rqqa	regional qualifying time/mark with altitude conversion
p	preliminary mark
pr	personal record
w	wind-aided mark
sr	school record
hep	mark earned during heptathlon competition
*	not an NCAA event

# 2011 WOMEN'S OUTDOOR PERFORMANCE LIST

## HEATHER BALBIER

**800 Meters (2:13 pr)**  
 2:17.01 CU Invite (4/9) ..... 6th  
**1500 Meters (4:30.53 pr)**  
 4:30.53 pr Mt. SAC Relays (4/15) ..... 36th (Open Section)

## KAJSA BANK

**Hammer Throw (134-09 pr)**  
 134-09/41.08 Potts Invite (3/18) ..... 7th  
 129-02/39.36 CU Invite (4/9) ..... 15th  
**Javelin (89-07 pr)**  
 89-07/27.30 Potts Invite (3/18) ..... 10th  
**Shot Put (34-01.25 pr)**  
 34-01.25/10.39 CU Invite (4/9) ..... 17th

## COURTNEY BOUCHET

**800 Meters (2:26.26 pr)**  
**1,500 Meters (4:55.12 pr)**  
 4:55.12 pr Potts Invite (3/19) ..... 5th  
**Steeplechase (11:40.77 pr)**  
 11:40.77 pr CU Invite (4/9) ..... 2nd  
 12:08.67 Beach Invite (4/16) ..... 14th

## MEGAN BURRELL

**800 Meters (2:28.95 pr)**  
**1,500 Meters (4:36.38 pr)**  
 4:36.38 p/pr Big 12 Outdoor (5/13-15) ..... 16th  
 4:40.86 Jack Christiansen Invite (4/23) ..... 3rd  
 4:40.86 CU Invite (4/9) ..... 7th  
**3,000 Meters (10:34.39 pr)**  
 10:34.39 pr Potts Invite (3/19) ..... 2nd  
**5,000 Meters (17:14.92 pr)**  
 17:14.92 pr Beach Invite (4/16) ..... 1st  
 17:29.34 Big 12 Outdoor (5/13-15) ..... 22nd

## EMMA COBURN

**800 Meters (2:09.81 pr)**  
 2:11.55 CU Invite (4/9) ..... 4th  
**1500 Meters (4:14.34 pr)**  
 4:14.34 pr Mt. SAC Relays (4/15) ..... 8th (Invitational Elite)  
**Steeplechase (9:40.51 pr)**  
 9:40.51 pr Cardinal Invite (5/1) ..... 1st (section 1)  
 9:57.39 Big 12 Outdoor (5/13-15) ..... 1st

## KATIE CUMMING

**800 Meters (2:13.50 pr)**  
 2:13.50 pr CU Invite (4/9) ..... 5th  
**1500 Meters (4:20.93 pr)**  
 4:20.93 pr Cardinal Invite (5/1) ..... 5th (section 3)  
 4:26.95 p Big 12 Outdoor (5/13-15) ..... 10th  
**5000 Meters (16:10.85 pr)**  
 16:10.85 pr Mt. SAC Relays (4/15) ..... 3rd (Open Section B)  
 16:25.78 Big 12 Outdoor (5/13-15) ..... 6th

## SYDNEY DAVIS

**200 Meters (27.00 pr)**  
 27.16 Jack Christiansen Invite (4/23) ..... 19th  
 27.21 Potts Invite (3/19) ..... 17th  
 28.15 CU Invite (4/9) ..... 27th

## KATIE DREHER

**Heptathlon (4953 pr)**  
 4953 pr Big 12 Outdoor (5/13-14) ..... 9th  
 4432 Glenn Morris (4/21-22) ..... 5th  
**100 Meter Hurdles (15.22 pr)**  
 15.22 pr Big 12 Outdoor (5/13) ..... 10th  
 15.51 Front Range Classic (5/1) ..... 12th  
 16.30 Glenn Morris (4/21) ..... 10th  
 16.52 CU Invite (4/9) ..... 18th  
 16.62 Potts Invite (3/19) ..... 13th

## High Jump (5-05 pr)

5-05/1.65 Potts Invite (3/19) ..... 1st  
 5-04.50/1.64 Big 12 Outdoor (5/13) ..... 16th  
 5-04.50/1.64 Glenn Morris (4/21) ..... t2nd  
 5-01.25/1.56 CU Invite (4/9) ..... t10th

## Shot Put (30-07.75 pr)

29-02/8.89 Big 12 Outdoor (5/13) ..... 16th  
 28-10.50/8.80 Glenn Morris (4/21) ..... 12th

## 200 Meters (25.50 pr)

25.50 pr Big 12 Outdoor (5/13) ..... 7th  
 25.80 Front Range Classic (5/1) ..... 6th  
 26.28 Potts Invite (3/19) ..... 10th  
 26.51 Glenn Morris (4/21) ..... 4th  
 26.81 CU Invite (4/9) ..... 13th

## Long Jump (18-04.25 pr)

18-04.25/5.59 Big 12 Outdoor (5/114) ..... 17th  
 17-01.25/5.21 Front Range Classic (5/1) ..... 5th  
 15-00.75/4.59 Glenn Morris (4/21) ..... 10th

## Javelin (109-11 pr)

109-11/33.51 Glenn Morris (4/22) ..... 2nd  
 109-08/33.44 Front Range Classic (5/1) ..... 5th  
 99-10/30.42 Big 12 Outdoor (5/14) ..... 11th  
 97-00/29.57 CU Invite (4/9) ..... 14th  
 95-10/29.20 Potts Invite (3/18) ..... 5th

## 800 Meters (2:18.23 pr)

2:18.23 pr Big 12 Outdoor (5/14) ..... 2nd  
 2:23.74 Glenn Morris (4/22) ..... 1st

## Triple Jump (38-05 pr)

## STACI FOSTER

**800 Meters (2:17 pr)**  
 2:17.52 pr CU Invite (4/9) ..... 7th  
**1500 Meters (4:28.48 pr)**  
 4:28.48 p/pr Big 12 Outdoor (5/13-15) ..... 11th  
 4:28.72 Mt. SAC Relays (4/15) ..... 26th (Open Section)  
 4:34.48 Cardinal Invite (5/1) ..... 9th (section 4)

## JENNIFER GRUVER

**100 Meters (12.97 pr)**  
 13.14 CSU-Pueblo (4/16) ..... 16th  
 13.38 Jack Christiansen Invite (4/23) ..... 18th  
**200 Meters (26.27 pr)**  
 26.56 CSU-Pueblo (4/16) ..... 15th  
 26.62 Potts Invite (3/19) ..... 13th  
 27.25 CU Invite (4/9) ..... 16th  
 28.03 Jack Christiansen Invite (4/23) ..... 24th  
**400 Meters (1:00.82 pr)**

## EMILY HANENBURG

**800 Meters (2:19.41 pr)**  
**1500 Meters (4:39.67 pr)**  
 4:52.35 Jack Christiansen Invite (4/23) ..... 9th  
**3000 Meters (10:47.96 pr)**  
 10:47.96 pr Potts Invite (3/19) ..... 4th  
**5000 Meters (17:27.19 pr)**  
**Steeplechase (10:49.54 pr)**  
 10:55.36 Beach Invite (4/16) ..... 3rd  
 11:04.30 Big 12 Outdoor (5/13-15) ..... 8th  
 11:21.32 CU Invite (4/9) ..... 1st

# 2011 WOMEN'S OUTDOOR PERFORMANCE LIST

## EMILY HUNSUCKER

<b>Shot Put (41-05.25 pr)</b>		
38-10.25/11.84	CU Invite (4/9)	10th
36-07.75/11.17	Potts Invite (3/18)	6th
<b>Discus (131-10 pr)</b>		
131-10/40.19	Potts Invite (3/19)	8th
120-01/36.60	CU Invite (4/9)	10th
114-06/34.91	Jack Christiansen Invite (4/23)	17th
<b>Hammer Throw (176-08 pr)</b>		
176-08/53.85	Jack Christiansen Invite (4/23)	4th
166-08/50.81	Beach Invite (4/16)	7th
162-04/49.47	Big 12 Outdoor (5/13-15)	13th

## KELLY KING

<b>800 Meters (2:17 pr)</b>		
<b>1,500 Meters (4:58.41 pr)</b>		
4:58.41	pr Potts Invite (3/19)	8th
<b>3000 Meters (10:58.13 pr)</b>		
10:58.13	pr CU Invite (4/9)	2nd

## SHALAYA KIPP

<b>1,500 Meters (4:29.26 pr)</b>		
4:29.63	pr CU Invite (4/9)	2nd
<b>5,000 Meters (16:01.26 pr)</b>		
16:01.26	pr Mt. SAC Relays (4/15)	1st (Open Section B)
16:23.01	Big 12 Outdoor (5/13-15)	5th
<b>Steeplechase (9:59.93 pr)</b>		
10:03.37	Cardinal Invite (5/1)	9th (section 1)

## KELLIE LIND

<b>Hammer Throw (148-00 pr)</b>		
148-00/45.12	Front Range Classic (5/1)	12th
146-11/44.78	CU Invite (4/9)	9th
142-01/43.32	Jack Christiansen Invite (4/23)	18th
142-01/43.32	Potts Invite (3/18)	6th
135-10/41.41	Beach Invite (4/16)	23rd

## ADRIENNE LETTOW

<b>Shot Put (37-03 pr)</b>		
37-03/11.35	Potts Invite (3/19)	5th
37-01.75/11.32	CSU-Pueblo Open (3/26)	12th
36-05.50/11.11	Beach Invite (4/16)	38th
35-10.75/10.94	Front Range Classic (5/1)	9th
34-05.50/10.50	CU Invite (4/9)	15th
<b>Hammer Throw (122-06 pr)</b>		
122-06/37.34	CU Invite (4/9)	18th
119-03/36.34	Front Range Classic (5/1)	15th
103-10/31.64	Potts Invite (3/18)	13th

## CAMILLE LOGAN

<b>1,500 Meters (4:23.66 pr)</b>		
4:23.66	pr Cardinal Invite (5/1)	10th (section 3)
4:25.96	CU Invite (4/9)	1st
<b>3,000 Meters (10:33.85 pr)</b>		
<b>5,000 Meters (16:15.19 pr)</b>		
16:15.19	pr Mt. SAC Relays (4/15)	6th (Open Section B)
16:41.17	Big 12 Outdoor (5/13-15)	12th
<b>10,000 Meters (34:27.12 pr)</b>		
34:27.12	pr Big 12 Outdoor (5/13-15)	6th
34:33.24	Stanford Invite (3/25)	3rd (section 2)

## NIKKI LOOK

<b>1500 Meters (5:08.04 pr)</b>		
5:08.04	pr CU Invite (4/9)	20th
5:08.80	Jack Christiansen Invite (4/23)	20th

## JESSICA McLAUGHLIN

<b>Javelin (82-07 pr)</b>		
76-10/23.41	CU Invite (4/9)	28th
66-01/20.14	Front Range Classic (5/1)	14th
63-03/19.28	Potts Invite (3/19)	12th

## GENNY MAYDEN

<b>Heptathlon (4939 pr)</b>		
4939	pr Big 12 Outdoor (5/13-14)	10th
4434	Glenn Morris (4/21-22)	4th
3129	Jim Click (3/31-4/1)	13th
<b>100 Meter Hurdles (15.13 pr)</b>		
15.13	pr Jim Click (3/31)	10th
15.49	Big 12 Outdoor (5/13)	12th
15.50	CU Invite (4/9)	11th
15.66	Front Range Classic (5/1)	12th
15.68	Potts Invite (3/19)	10th
15.93	Glenn Morris (4/21)	8th
<b>High Jump (5-03.25 pr)</b>		
5-03.25/1.61	CU Invite (4/9)	14th
5-02.25/1.58	Big 12 Outdoor (5/13)	11th
5-02.25/1.58	Glenn Morris (4/21)	17th
5-01.75/1.56	Jim Click (3/31)	11th
<b>Shot Put (37-03 pr)</b>		
37-03/11.35	Big 12 Outdoor (5/13)	4th
36-10.50/11.24	Glenn Morris (4/21)	3rd
35-08/10.87	Jim Click (3/31)	14th
<b>200 Meters (26.07 pr)</b>		
26.07	pr Big 12 Outdoor (5/13)	10th
26.59	Front Range Classic (5/1)	9th
26.60	Glenn Morris (4/21)	5th
26.74	Jim Click (3/31)	11th
26.83	Potts Invite (3/19)	15th
27.32	CU Invite (4/9)	17th
<b>Long Jump (18-04.50 pr)</b>		
18-04.50/5.60	Big 12 Outdoor (5/14)	6th
17-08.25/5.39	Front Range Classic (5/1)	2nd
16-09.50/5.12	Glenn Morris (4/22)	5th
<b>Javelin (120-09 pr)</b>		
120-09/36.80	Big 12 Outdoor (5/14)	5th
104-02/31.76	Front Range Classic (5/1)	7th
90-08/27.64	Potts Invite (3/18)	9th
89-02/27.18	CU Invite (4/9)	18th
88-05/26.96	Glenn Morris (4/22)	9th
77-08/23.68	Jim Click (4/1)	12th
<b>800 Meters (2:29.06 pr)</b>		
2:29.06	pr Big 12 Outdoor (5/14)	11th
2:34.95	Glenn Morris (4/22)	7th
<b>JHENYA NAHREINI</b>		
<b>3,000 Meters (10:22.63 pr)</b>		
11:18.13	CU Invite (4/9)	7th
<b>5,000 Meters (17:11.67 pr)</b>		
<b>10,000 Meters (36:00.78 pr)</b>		

# 2011 WOMEN'S OUTDOOR PERFORMANCE LIST

## HOLLY ODNEAL

<b>Heptathlon (4699 pr)</b>		
4699	pr	Big 12 Outdoor (5/13)..... 11th
4454		Jim Click (3/31-4/1)..... 10th
4338		Glenn Morris (4/21-22)..... 7th

<b>100 Meter Hurdles (14.70 pr)</b>		
14.70	pr	Big 12 Outdoor (5/13)..... 8th
14.77		Front Range Classic (5/1)..... 8th
14.96		CU Invite (4/9)..... 8th
15.13	hep	Jim Click (3/31)..... 10th
15.29		Glenn Morris (4/21)..... 5th
19.00		Potts Invite (3/19)..... 16th

<b>High Jump (5-05.25 pr)</b>		
5-05.25/1.66		Big 12 Outdoor (5/13-15)..... 14th
5-05.25/1.65		Jim Click (3/31)..... 13rd
5-05/1.65		Potts Invite (3/19)..... 1st
5-04.50/1.64		Big 12 Outdoor (5/13)..... 16th
5-03.25/1.61		CU Invite (4/9)..... 14th
5-02.25/1.58		Glenn Morris (4/21)..... 17th

<b>Shot Put (36-10.25 pr)</b>		
36-10.25/11.23		Big 12 Outdoor (5/13)..... 5th
35-08/10.87		Jim Click (3/31)..... 14th
34-05.50/10.50		Glenn Morris (4/21)..... 5th

<b>200 Meters (27.55 pr)</b>		
27.55	pr	Big 12 Outdoor (5/13)..... 15th
27.60		Jim Click (3/31)..... 13th
27.78		Glenn Morris (4/21)..... 10th
28.03		Potts Invite (3/19)..... 21st
28.12		CU Invite (4/9)..... 26th

<b>Long Jump (17-02.00 pr)</b>		
17-02/5.23		Big 12 Outdoor (5/14)..... 12th
16-00.50/4.89		Front Range Classic (5/1)..... 7th
16-00.50/4.89		Glenn Morris (4/22)..... 8th
15-05.50/4.71		Jim Click (4/1)..... 12th

<b>Javelin (113-03 pr)</b>		
102-11/31.36		Big 12 Outdoor (5/14)..... 9th
102-07/31.28		Jim Click (4/1)..... 16th
101-04/30.90		Front Range Classic (5/1)..... 9th
101-01/30.82		CU Invite (4/9)..... 8th
95-08/29.16		Glenn Morris (4/22)..... 6th
94-09/28.89		Potts Invite (3/18)..... 7th

<b>800 Meters (2:34.30 pr)</b>		
2:34.96	pr	Big 12 Outdoor (5/14)..... 14th
2:35.88		Glenn Morris (4/22)..... 8th
2:38.53		Jim Click (4/1)..... 9th

## RACHAEL OPGENORTH

<b>100 Meters (12.49 pr)</b>		
12.90		CU Invite (4/9)..... 8th
13.08		Jack Christiansen Invite (4/23)..... 15th

<b>200 Meters (25.66 pr)</b>		
26.26		Jack Christiansen Invite (4/23)..... 11th
26.31		CU Invite (4/9)..... 9th

## JESSICA PIXLER

<b>800 Meters (2:04 pr)</b>		
2:08.23		CU Invite (4/9)..... 1st

<b>1500 Meters (4:11 pr)</b>		
4:29.55		Potts Invite (3/19)..... 1st

<b>5000 Meters (15:25.58 pr)</b>		
15:25.58	pr	Stanford Invite (3/25)..... 1st

## BECKY POPIEL

<b>1500 Meters (5:26.99 pr)</b>		
5:26.99	pr	Jack Christiansen Invite (4/23)..... 30th
5:37.92		Potts Invite (3/19)..... 18th
<b>3000 Meters (12:12.14 pr)</b>		
12:12.14	pr	CU Invite (4/9)..... 22nd

## BROOKE REGAN

<b>200 Meters (25.24 pr)</b>		
25.24	pr	Potts Invite (3/19)..... 3rd
25.47	p	Big 12 Outdoor (5/13-15)..... 21st
25.54		CU Invite (4/9)..... 4th

<b>400 Meters (56.09 pr)</b>		
56.09	pr	CU Invite (4/9)..... 2nd
56.88		CSU-Pueblo (4/16)..... 3rd
57.25		Potts Invite (3/19)..... 1st
57.29		LSU Alumni Gold (4/23)..... 3rd - B section
57.39		Big 12 Outdoor (5/13-15)..... 16th

## LAURA THWEATT

<b>800 Meters (2:10.63 pr)</b>		
2:10.63	pr	CU Invite (4/9)..... 3rd

<b>1500 Meters (4:21.05 pr)</b>		
4:21.05	pr	Cardinal Invite (5/1)..... 6th (section 3)

<b>5000 Meters (15:57.24 pr)</b>		
15:57.24	pr	Mt. SAC Relays (4/16)..... 5th (Olympic Developmental)
16:16.29		Big 12 Outdoor (5/13-15)..... 4th

<b>10000 Meters (33:49.00 pr)</b>		
33:49.00	pr	Big 12 Outdoor (5/13-15)..... 3rd
34:33.08		Stanford Invite (3/25)..... 2nd (section 2)

## LIZ TREMBLAY

<b>200 Meters (25.1 pr)</b>		
26.10		Jack Christiansen Invite (4/23)..... 9th

<b>400 Meters (55.1 pr)</b>		
56.85		Beach Invite (4/16)..... 14th

<b>800 Meters (2:06.59 pr)</b>		
2:06.59	pr	Oregon Twilight (5/6)..... 5th
2:07.07		Big 12 Outdoor (5/13-15)..... 3rd
2:07.83	p	Big 12 Outdoor (5/13-15)..... 3rd
2:08.58		Mt. SAC Relays (4/15)..... 11th (Open Section)
2:09.26		CU Invite (4/9)..... 2nd

## LAURA TREMBLAY

<b>1500 Meters (4:29.52 pr)</b>		
4:29.52	pr	Mt. SAC Relays (4/15)..... 30th (Open Section)
4:37.19		CU Invite (4/9)..... 5th

## MAX VAN DYKE

<b>Shot Put (33-08.50 pr)</b>		
33-08.50/10.27		Potts Invite (3/19)..... 8th
29-07.50/9.03		CU Invite (4/9)..... 25th

<b>Hammer Throw (162-03 pr)</b>		
162-03/49.46		Front Range Classic (5/1)..... 6th
159-11/48.75		Beach Invite (4/16)..... 10th
147-04/44.91		Big 12 Outdoor (5/13-15)..... 19th
136-05/41.58		CU Invite (4/9)..... 10th

<b>Javelin (110-00 pr)</b>		
110-00/33.53		Potts Invite (3/18)..... 13th
102-05/31.22		Beach Invite (4/16)..... 21st
99-00/30.19		CU Invite (4/9)..... 11th

## KIRSTEN WICKS

<b>Shot Put (34-06.25 pr)</b>		
34-06.25/10.52		Potts Invite (3/19)..... 7th
33-06.75/10.23		CU Invite (4/9)..... 19th

<b>Javelin (103-05 pr)</b>		
95-02/29.01		Potts Invite (3/18)..... 6th
89-05/27.26		Beach Invite (4/16)..... 28th
88-05/26.95		CU Invite (4/9)..... 19th

<b>Hammer Throw (131-03 pr)</b>		
131-03/40.00		Potts Invite (3/18)..... 9th
130-03/39.70		Front Range Classic (5/1)..... 14th
128-07/39.20		Jack Christiansen Invite (4/23)..... 27th

# 2011 WOMEN'S OUTDOOR PERFORMANCE LIST

**JOI WINDHAM**

**100 Meters (12.73 pr)**

**100 Meter Hurdles (16.59 pr)**

**400 Meter Hurdles (1:00.34 pr)**

1:00.34	p/pr	Big 12 Outdoor (5/13-15) .....	11th
1:01.33		LSU Alumni Gold (4/23) .....	6th
1:01.78		Potts Invite (3/19) .....	1st
1:02.04		CU Invite (4/9) .....	3rd

**TOI WINDHAM**

**400 Meter Hurdles (1:00.81 pr)**

1:04.19		CU Invite (4/9) .....	8th
1:04.80		Potts Invite (3/19) .....	5th
1:05.35		CSU-Pueblo (4/16) .....	2nd
1:05.71		Jack Christiansen Invite (4/23) .....	8th